

What is ACFAP?

The American College of Foot and Ankle Pediatrics is the American Podiatric Medical Association's only recognized group of experts in the subspecialty of Podopediatrics. As an affiliate clinical interest group, under the APMA, our goal is to educate both our colleagues and the general public on the importance of caring for children's feet.

Mission Statement

The American College of Foot and Ankle Pediatrics strives to disseminate new and advanced information on the latest techniques in pediatric foot and ankle care. This is done through our participation in seminars, lectures, publications and digital media.

What we do

We dispense information to the public on the proper care of their child's feet. We promote commitment to, and excellence in, the medical and surgical management of pediatric foot and ankle pathologies.

For more information please contact:

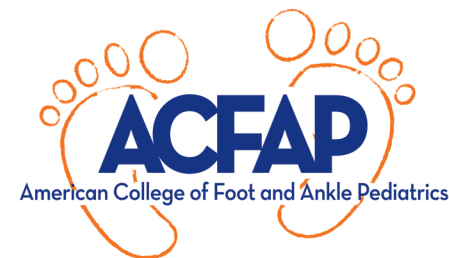
ACFAP

10 West Street, Unit 7
West Hatfield, MA 01088
www.acfap.org

Email Questions:

drloisjames@aol.com

Louis J. DeCaro, DPM, President ACFAP



Membership Benefits

- **Certification of membership to an APMA affiliate organization dedicated to excellence in pediatric foot and ankle care.**
- Discount to ACFAP 2016 Annual Meeting at Yosemite National Park. Membership pays for itself if you plan on attending!
- Lecture and poster opportunities
- Opportunity to earn fellowship status
- Assistance in preparing articles directly related to the ACFAP mission and for publication in peer reviewed journals, magazines and digital media.
- Opportunities to serve on ACFAP and APMA committees to enhance the field of foot and ankle pediatrics.
- Professional referral and educational material available for use.

Membership Categories and Dues:

Student/Resident Member: \$25 per membership year (with letter from school/residency)

Active Member: \$150 per membership year

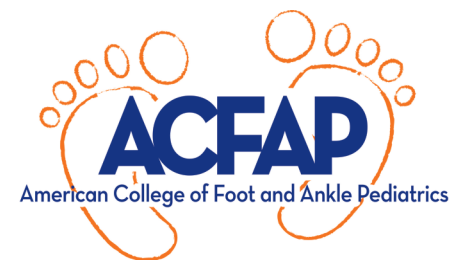
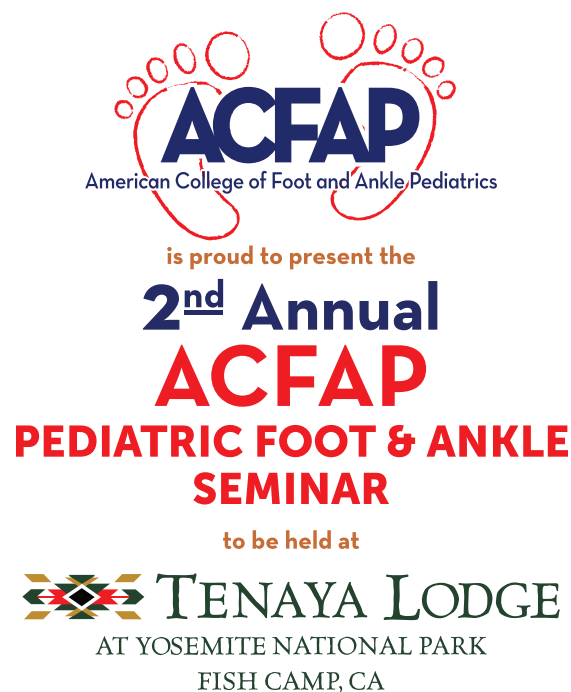
Fellow: \$150 per membership year

Life Member: \$250 with proof of retirement from private practice (one time fee)



ACFAP Foot Facts:

- It is normal for a child's foot to appear flat up until about the age of 2 due to a thick layer of baby fat that fills the arch area. As long as the child is otherwise healthy, and the foot is flexible and free of pain, then no treatment is necessary.
- Most children will begin to walk by 12-14 months, although there is a great deal of developmental diversity among children.
- As a child begins to walk, they will initially be unsteady, with awkward and erratic movements, as their brain learns to coordinate movement. During this time it is common for a child to walk on their toes.
- Within several months of a child's first steps, they will begin to master their movements. They should begin to walk flat on their feet instead of on their toes.
- A child's arch becomes more obvious around 3 years of age when the fat pad disappears. At this age it is normal to observe a good arch when the child is sitting or lying down. Upon standing however, the arch may look very low. In most cases, this may be completely normal.
- When a child's arch is severely flat, coupled with an inward bowing of the ankles and Achilles tendon, they may have a true flexible flatfoot. This is also known as "developmental flat foot". This is a foot that has a normal looking arch when non-weight bearing and a flat arch in standing. Typically this condition is not painful, but may lead to postural concerns and poor muscle development.
- It is uncommon for a child with a normal foot to complain of pain. Any complaint of limb or foot pain from a child should not be taken lightly. "Growing pains" are not normal and are usually not the cause of foot and leg pain. Any child complaining of pain should be seen by their doctor to rule out a potentially serious condition.



Member Sign-up/Renewal 2016

Name/Specialty:

Practice Name:

Phone Number:

Fax Number:

Mailing Address:

Email Address:

The fee for membership in ACFAP is \$150.00 for 2016. Membership renewal Due Sept. 1, 2015. \$25 late fee if paid after that.

Please remit this amount to:

ACFAP c/o Dr. Louis J. DeCaro

10 West St., Unit 7
West Hatfield, MA 01088

Or renew online and pay with credit card @
acfap.org/membership.html

PLEASE WRITE YOUR EMAIL ADDRESS ON YOUR CHECK!

One membership certificate is included in your dues once per lifetime, however additional certificates can be ordered at \$15.00 per certificate. Thank you for your attention in this matter and for your continued support of the College.